



# 2019 Midwest Conference



**Monday, March 11, 2019  
Tuesday, March 12, 2019**



**The Stonegate Conference Centre  
2401 W. Higgins Road  
Hoffmann Estates, IL**

### Northwest Chicago Area Chapter of AACN

In 1972, seventeen local nurses gathered together to form the NWCAC. Inspired by **Our Voice, Our Strength**, the chapter has provided over 45 years of educational excellence and professional development for critical-care nursing. For information about chapter membership and chapter meetings, please visit [www.nwchicagoaacn.org](http://www.nwchicagoaacn.org).

### Conference Activities

#### Hospitality

Plan on participating in our Annual Silent Auction that will support the American Red Cross. Handmade baskets will be displayed for participants to bid on. The Silent Auction will take place each day. Payment accepted via cash or checks only.

#### Exhibitors

Health care vendors will be exhibiting the latest technologically advanced equipment that will enhance patient care and outcomes. Take the opportunity to talk to the vendors and conference participants. A complimentary day to the 2020 Midwest Conference will be raffled each day.

<p align="center"><b>Registration Information</b></p> <p align="center">Cost: \$150.00 per day.</p> <p>Fee Includes: Continental Breakfast, Breaks, Lunch <b>Free Wi-Fi will be available at Conference</b></p> <p align="center">Registration Deadline: <b>February 25, 2019</b></p> <p>NWCAC will <u>only</u> accept credit card payment via PayPal accessed at <a href="http://www.nwchicagoaacn.org">www.nwchicagoaacn.org</a></p> <p align="center"><b>No mail-in registrations will be accepted</b></p>
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NWCAC-AACN  
PO Box 1163  
Arlington Heights, IL 60006-1136

Monday, March 11, 2019

7:00 – 8:00 Registration and Continental Breakfast

8:00 – 9:00	Keynote: <b>Our Voice, Our Strength</b> Lisa Riggs , AACN President			
9:15 – 10:30	Nursing Knowledge: Research, EBP and PI Lisa Riggs	Lipid Management: Guideline Updates Alan Brown	Liver Logic: Part I Barb Bancroft	Assessment of the Hypoxemic Patient Susan Corbridge
11:00 – 12:15	When Things Go From Good to Boggy: Caring for the Hemorrhaging Mother Crystal Paunan	Seeing Red: Complications of Blood Transfusions Daria Ruffolo	Liver Logic: Part II Barb Bancroft	Endovascular Advances in Cerebral Aneurysm Treatment Patricia Raetz
12:15 – 1:15	<b>Lunch Provided</b>			
1:15 – 2:30	What is PTSD: Trauma-Informed Definitions and Practical Tools for Nurses Lia Smith	Shock and Trauma Resuscitation: Death of a Cell Daria Ruffolo	Stroke Volume Optimization Program Alex Johnson	NIHSS: Part 1 <i>Sponsored by Stryker</i> Alex Graves
2:45 – 4:00	ECMO Deborah Chadde	When Work Hurts: The ICU Nurse and Workplace Violence Daria Ruffolo	Oral Poster Presentations Telemetry Use CAUTI ICU Mobility	NIHSS: Part 2 <i>Sponsored by Stryker</i> Alex Graves

Tuesday, March 12, 2019

6:45 – 8:15 Registration and Continental Breakfast

7:00 – 8:00	Sepsis & Fluid Management in Critical Care Teresa Jones			<i>Sponsored by Cheetah Medical</i>
8:15 – 9:15	Keynote: <b>The Future is Now: Designing Your Practice to Impact Patient Outcomes</b> Kathleen Vollman			
9:45 – 11:00	Addressing Healthcare Worker Burnout Mary Zellinger	CXR Interpretation for Bedside RN's Susan Collazo	Update on Stroke Cedric McKoy	Completing the Circle: Grief Management for Staff and Families Kathleen Vollman
11:15 – 12:30	Cardiac Surgery Advanced Life Support Mary Zellinger	Opioid Crisis David Kushner	Neurologic Exam: Putting It All Together Cedric McKoy	Podium Power: Strategies for Success for Public Speaking Kathleen Vollman
12:30 – 1:30	<b>Lunch Provided</b>			
1:30 – 2:45	Nursing Stress Reanne Fuller	Beyond Metformin: New Diabetes Meds and Insulin Pumps Carol Victor	Novel Anticoagulation Reversal Amish Doshi	Liver Allocation and Indications for Transplant Rebecca Duke
3:00 – 4:15	Communication Strategies for Goals of Care Discussions: What's in Your Toolbox? Jean Mau	Structural Heart Interventions: TAVR, LAAC and Mitral Clip Marie Hagman	Oral Poster Presentations Safe Patient Handoff Gum Chew Alarm Fatigue	Controversies in Care: Cannabis Judith Paice

The NWCAC reserves the right to substitute faculty or make program changes as necessary

## Program Description

The 2019 Midwest Conference offers adult critical care and progressive care nurses 2 days of incredible educational offerings and invaluable networking opportunities. The program features a wide range of topics related to clinical practice, education, research, professional development and trends in healthcare. Speakers include National AACN President Lisa Riggs, and nationally recognized speakers Alex Johnson, Daria Ruffolo, Kathleen Vollman, and Mary Zellinger

## Educational Hours

**6 AACN CERP's on Monday**  
**7 AACN CERP's on Tuesday**

The session handouts will be available at [www.nwchicagoacn.org](http://www.nwchicagoacn.org) Wi-Fi will be available for all participants at the Stonegate Conference Centre

<p><b>Program Location</b> The Stonegate Conference Centre 2401 W. Higgins Rd Hoffman Estates, IL</p>	<p><b>Cancellation Policy</b> Refunds excluding a \$25.00/day <u>non-refundable</u> processing fee will only be made for cancellation requests received in writing. <b><u>Deadline for requesting refund is March 18, 2019</u></b></p>
<p><b>Hotel Information</b> Hampton Inn &amp; Suites 2825 Greenspoint Parkway Hoffman Estates, IL Room Rates: Standard: \$109 plus taxes Suite: \$119 plus taxes</p>	<p>Please email request to: <b>Sheila.Melo-Grospe</b> <b>@advocatehealth.com</b></p>
<p>Shuttle bus to Stonegate Conference Centre is available 7AM to 9PM</p>	

For hotel reservations:  
[https://hamptoninn.hilton.com/en/hp/groups/personalized/C/CHIHMHX-CCN-20190310/index.jhtml?WT.mc\\_id=POG](https://hamptoninn.hilton.com/en/hp/groups/personalized/C/CHIHMHX-CCN-20190310/index.jhtml?WT.mc_id=POG)

For questions regarding the **2019 Midwest Conference**, please contact Cindy Ruiz at [cindyruiz@yahoo.com](mailto:cindyruiz@yahoo.com).